

## **New Jersey Department of Children and Families Policy Manual**

Manual:	NJAC	NJ Administrative Code Excerpts	Effective
Title	10	Human Services	Date:
Chapter	127	Manual Of Requirements For Residential Child Care Facilities	3/27/2009
Subchapter:	10	Services For Pregnant And Parenting Adolescents	
Section	8	Parenting education (N.J.A.C. 10:127-10.8)	

## §10:127-10.8 Parenting education

- (a) The facility shall have a written curriculum or guidelines for providing parenting education that shall include the following topics:
  - 1. Infant and child development including alternatives to punishment and options for toilet training;
  - 2. Age-appropriate stimulation, games and other recreational activities for children:
    - 3. Infant safety issues, such as care for the infant while bathing;
    - 4. Providing for child care;
  - 5. Health and nutritional care including an explanation of the Supplemental Feeding Program for Women, Infants and Children (WIC);
    - 6. Relationships with the adolescent mother's family;
  - 7. Dealing with feelings about the adolescent's relationship with the infant's father; and
  - 8. Options for placing the infant in a separate foster care placement or for adoption.
- (b) The facility shall provide parenting education on a group or individual basis to each adolescent.
- (c) The facility shall provide each adolescent at least one hour of parenting education each week until the facility documents that the adolescent has mastered skills or resolved issues specified in (a) above.
- (d) The facility shall involve the adolescent in shopping for her infant's clothes and other necessities.
- (e) The facility shall provide information to the adolescent on preventing child abuse and neglect, including, but not limited to:

- 1. Discussion of mandatory reporting;
- 2. How to identify and report abuse and neglect; and
- 3. Resources to help parents avoid abusing or neglecting their children.